Two cooks in the kitchen a recipe for romance

hat happens when there are too many chefs in the kitchen? In the case of Diane Forley and Michael Otsuka, the two star chefs fell in love and learned to share the limelight as co-executive chefs.

Otsuka, executive chef at Lark Creek Inn in Larkspur, and Forley, former chef-owner of Verbena in New York City, met in 1999 and became co-executive chefs at Verbena for two years before moving west. In those two years, the two learned to work together - not always an easy task for a chef.

Collaborating is always a little tricky," Forley said. "It's not like working with a sous chef who adapts your ideas; it's more of an enhancement. It's a complement of two equals."

Otsuka had served as executive chef of several kitchens, including Patina in Los Angeles. He was nominated by the James Beard Foundation as one of five rising chefs in the country.

Forley, who trained with Alfred Portale of Gotham Bar and Grill in New York City, was chef-owner of Verbena in New York City from 1993 to 2003. Her book with Catherine Young, "Anatomy of a Dish" (\$35, Artisan), won a James Beard Foundation award for photogra-

Otsuka and Forley met at the apnual epicurean extravaganza Masters of Food and Wine in Carmel. At the time, he was the executive chef at the Pan Pacific Hotel in San Francisco. Their shared passion for food sparked a bicoastal romance that prompted him to move to New York City a few months later to open Thalia.

Forley had dated chefs almost exclusively: "It's hard to meet people outside of the kitchen, and your circle of friends is restaurant people. My head was always thinking about food, and if they didn't have food knowledge, it was hard," she says.

"You understand the language, the problems and co-workers," she says of dating another chef. "You share a dynamic that is unique to a kitchen."

"And the hours!" exclaimed Otsuka, referring to a restaurant chef's typical workday of 12 to 16 hours that usually ends close to midnight.

Because of their schedules the two didn't see much of each other, so Otsuka joined Forley at Verbena in 2001 as her co-executive

Chefs are used to being in charge - the word chef is French



Dish Cynthia Liu

for chief. It takes patience and understanding to have two chefs in one kitchen.

Upon first working together, Otsuka said, choosing his words carefully, "I was a little more mercurial than I am now. It was hard for me to acknowledge, in the heat of things, that I wasn't in charge."

"Our challenge is not to step on each other's toes," Forley said.

"No, it's for me not to step on

"It's counterintuitive that if you've chosen to live with someone for the rest of your life, why wouldn't you want to work with them?"

Michael Otsuka

her toes," her husband teased.

As co-chefs, the couple needed to form a united front and establish consistency with the staff and the food. They had to make joint decisions on how they wanted staples prepared. Even something as basic as how to prepare potatoes

If you go

The Lark Creek Inn is open for lunch 11:30 a.m.-2 p.m. and dinner 5:30-10 p.m. Monday-Friday; dinner only 5-10 p.m. Saturday; brunch 10 a.m.-2 p.m. and dinner 5-9 p.m. Sunday. 234 Magnolla Ave., Larkspur; (415) 924-7766 or visit www.larkcreek.com and navigate to The Lark Creek Inn.

had to be agreed on - Otsuka cooked his with cloves, garlic and bay leaf while Forley used more brine and fewer herbs.

"It's those staple ingredients in your flavor repertoire that defines you and your style," Forley said. "You reach for the ingredients and you build from that. You're looking for a specific taste."

They found it was more difficult to collaborate on one dish to finish the dish and balance the flavors - than it was to create a

"We work on our own dishes and give feedback, as opposed to working on one dish together," Otsuka said.

Many people can't imagine working with their spouse. Yet, said Otsuka, "It's counterintuitive that if you've chosen to live with someone for the rest of your life, why wouldn't you want to work with them?

"Before the industrial revolution, very few people left the house to work, and there was a close-knit community. It's a contemporary idea that spouses don't work together," he said. "Maybe that's why there is a high divorce rate because people don't have a

sense of close family."

Both professionally and at home, Otsuka tends to do more protein-centered dishes while Forley concentrates on vegetables and desserts. Forley's affinity for fruits and vegetables is apparent in "The Anatomy of a Dish," which contains botanical information and charts.

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Verbena in

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Forley was reared in Long Island, N.Y., while Otsuka grew up in Pasadena. Their appreciation for global ingredients and flair for creating New American cuisine was inspired by their cultural backgrounds. Otsuka is the son of a Japanese American father and Viennese Jewish mother. Forley's father is Hungarian, and her mother was raised in Guatemala.

The couple's multicultural culinary sensibilities have been passed on to their children. Threeyear-old Olivia can already give instructions on how to make flan, and when asked what she would like for breakfast, politely asks for a croissant. They also have a 10month-old, Adam.

When both chefs were cooking in restaurants, they ate out more. At home, the restaurant training still shows - "we probably cook more food than we should," For-

"You don't make vinaigrette for two or three, you make a quart," Otsuka quipped.

After Verbena closed in 2003, Forley focused on raising their children and consulting. She also cooks more at home.

"Whether setting the table or cleaning up, they are all contributions to the dining process," Otsu-

E-mail comments to nbayfriday@sfchronicle.com.

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